

Caregiver Support Training (Bruce County)

Rural Women's Health Support Initiative offering free workshops

Are you interested in supporting women who are experiencing caregiver burnout? Are you a caregiver looking for resources?

The Rural Women's Health Support Initiative will be hosting 4 free training workshops in Grey and Bruce counties and invite those who are interested in becoming part of a peer support network to participate. This opportunity will be of interest to individuals seeking an ongoing volunteer opportunity through which they can make a difference in the lives of people in their own community.

Those interested are asked to attend one training workshop which will take place from 9am to 4pm. ***Please note that the morning session will also be open to the general public.***

Morning Session: Overview of Caregiver Resources

Afternoon Session: Health Coaching Skills & Program Delivery Planning

Upcoming Workshops in Bruce County

Hosted by the Bruce County District Women's Institute

Wednesday, June 1, 2016

9am - 4pm

Location: Ripley Huron Community Centre (Social Room)
17 Queen Street, Ripley, ON N0G 2R0

Thursday, June 2, 2016

9am - 4pm

Location: Tara Royal Canadian Legion
86 River Street, Tara, ON N0H 2N0

There is a limit of 25-30 participants per workshop. Pre-Registration is required by May 26th. Lunch will be provided for those attending both the morning and afternoon sessions.

TO REGISTER, CONTACT :

FWIO: 905-662-2691 Email: roseprogram@fwio.on.ca

Federated Women's Institutes of Ontario

552 Ridge Road, Stoney Creek, ON L8J 2Y6



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GREY BRUCE



These ROSE (Reaching Ontario Sharing Education) workshops are made possible thanks to funding from Community Foundation Grey Bruce, our partnership with Gateway Centre of Excellence in Rural Health, and the support of local Women's Institutes in Grey and Bruce counties.

Grey County Training Workshops:

May 4, 2016

Owen Sound, ON

May 5, 2016

Elmwood, ON

